

# CARING & SHARING

## Stories from Stow



### Inside this Issue!

**Stow Healthcare Heroes**  
Pages 6 & 7

**Stow In the Snow Competition**  
Pages - 14 & 15

**Building Projects**  
Page 19



Stow  
Healthcare

Included in this Issue		
Page 3	What's New?	What's new this Season?
Page 4&5	Industry Awards	Our time to shine!
Page 6&7	Announcements	Stow Healthcare Heroes
Page 8&9	Activities	Winter Activities in our Homes
Page 10 &11	Building	Home Improvements at Halstead Hall
Page 12	Celebration & Success	Long Service Awards and Retirement
Page 13	Educating Staff	Training and Support
Page 14&15	Stow In Focus	Stow in the Snow - Annual Competition
Page 16	Residents at Home	Residents' Corner
Page 17	Home Information	The Maple Memory Centre at Brandon Park
Page 18	Recruitment	Join the Stow Healthcare Team
Page 19	Coming Soon	Building Projects
Page 20	Competition Time	Stow Healthcare's Seasonal Competition

# Directors Welcome

Dear Reader,

This really is a bumper edition of our newsletter! Every page is packed full of truly heart-warming stories about our staff and residents, and it showcases the fun that has been had over the festive period. From staff winning awards, to performing CPR skills at the supermarket, and residents knitting for their communities or spending time getting to know Barny the therapy dog, no one has been standing still.

As we write, the Omicron variant is starting to subside, but is still impacting our homes, staff, residents and relatives. We are a team and need to battle through these next few weeks together to hopefully see a more normal future as Spring emerges.

Well done everyone for the positivity and keeping spirits high. If you love capturing the great outdoors with your camera, or find other inspiration in Winter, please enter our first photography competition – see page 20 for details and the chance to win a £50 voucher!

Best wishes,



*Roger Catchpole*

Roger Catchpole  
Managing Director



*Ruth French*

Ruth French  
Operations Director

## What's new this Season?

Happy New Year Everyone! We enter 2022 with two National **'Care Group of the Year'** titles after a bumper awards season in 2021. Stow Healthcare was crowned winner of this competitive category at both the Caring UK Awards and National Care Awards in 2021.

Judges at the National Care awards said *"The winning care group is an innovator who has not stood still at all during the pandemic. It has a reputation as a disruptor in the industry, acquiring homes with the most difficult history and poorest rating and driving them forward to CQC outstanding rating home"*.

We are excited to share more information about this years awards success on pages 4 & 5.



Outside of the everyday life in our homes, Stow Healthcare continues to be influential voices in the industry, attending wider sector events and contributing best practice to articles in some of the industry's leading publications. Following her notable contributions in 2022, Stow Healthcare Operations Director Ruth French was welcomed onto the board of Directors at 'The Outstanding Society'.

The Outstanding Society is formed by 'Outstanding' rated providers who share their expertise to support the driving up of quality across the UK Care Sector.

### Congratulations to team Cedars Place - Winners in the Creative Mojo Art Competition

The team at Cedars Place were on top festive form this Christmas! We are so excited to share the news that they were named overall National Winners in the Creative Mojo Twelve Days of Christmas competition.

Creative Mojo are an all-inclusive craft experience for the elderly, adults with physical disabilities and mental health concerns. They specialise in working with people with dementia and also within wider community groups.

The entry from staff and residents at Cedars Place depicted the famous image of 12 drummers drumming from the well known Christmas Carol 'The Twelve days of Christmas'. The entry was so bright and colourful and there was input from the whole team at the home. Creative Mojo praised Cedars Place for their creativity and the effort they put in to the competition. Well done to everyone who took part.



# Our time to Shine! Industry Award Success!

In 2021, we worked tirelessly on award submissions championing our teams and recognising the incredible work they do for our residents. Stow Healthcare was recognised across 13 awards with 47 finalists places in 2021. The season's success saw us take away 15 winners trophies including recognition for individuals, multiple awards for training and development; The 'Education in Business Award' at the Suffolk Business Awards and the 'Workforce Development Award' at the Great British Care Awards and team successes.

Judges at the Great British Care Awards said:

*"Stow Healthcare uses diverse and creative strategies to develop their work force in all job roles, including their residents' participation in training programmes, they recognise that everyone has skills that can be transferred and learnt by others, to achieve an outstanding standard of care and working environment".*

## Stow Healthcare Senior Leadership Wins

Strong Leadership has been a key part in Stow Healthcare's success throughout the pandemic. The Leadership team have been recognised across multiple awards in 2021 including at the prestigious LaingBuisson Awards where Operations Director, Ruth French was named 'Rising Star' amongst some of the biggest names in the industry.



**Winner - Ruth French, Operations Director  
Rising Star Award**



**Winner - Stow Healthcare Group  
Education in Business Award**



**Winner - Alex Ball, Operations Manager  
The Workforce Development Leader Award**

Stow Healthcare was also recognised as finalists in both the 'Management Excellence' category and 'Small Residential Care Provider' category at these awards.

Alongside Directors Ruth and Roger, Helen Hill and Alex Ball were finalists across five categories at the Social Care Leadership awards. These awards honour the best in leadership across the industry. We are incredibly proud of Operations Manager, Alex Ball, who was named 'Workforce Development Leader' for her continued efforts on staff training and work with health and social care students.

## Caring UK & National Care Awards

Stow Healthcare reached the finals in four categories at the National Care Awards including Sarah Monk who was amongst the final five in the 'Care Registered Nurse' category.

It was a hat trick of success for Stow Healthcare being named 'Care Group of the Year', Ford Place Head Housekeeper, Gina Galloway was also named winner in the 'Care Housekeeper' category. The wins continued with Heather Choat, Home Manager at Halstead Hall being named 'Care Registered Manager', the first national award for the home since it's takeover in 2017.



**Winner - Gina Galloway, Ford Place  
The Care Housekeeper Award**

## The GB Care Awards Final 2022

The Ford Place activities team, Karen Adams and Matthew Peace, were named winners of the 'Care Home Activity Organiser Award' at the 2021 East of England Regional Finals. They now progress to the Great British Care Awards National Finals in Birmingham in March 2022 where they will face regional winners from across the country.

We wish them the very best of luck for the finals!



**Winner - Halstead Hall Care Team  
Dementia Care Team Award**

The success built for Halstead Hall at the Caring UK Awards in December where the Team were named 'Dementia Care Team of the Year'.

The final award of 2021 went to Maureen Tilbrook, a recently retired nurse from Stowlangtoft Hall Nursing Home who won the 'Outstanding Achievement Award'. This was fantastic recognition for Maureen and a wonderful way to conclude a 50 year nursing career. The Judges said *"Maureen had been the backbone of the care home where she worked for 23 years. During the pandemic she also dedicated time throughout her week to sit with residents who did not regularly receive visitors or those at the end of their life to offer emotional support."*



**Winner - Maureen Tilbrook, Stowlangtoft Hall  
Outstanding Achievement Award**

# Stow Healthcare Heroes

## Brandon Park Manager Awarded British Empire Medal!

In October 2020 it was announced that Sam Gallagher, our home manager at Brandon Park was to be awarded the British Empire Medal (BEM) in the Queen's Birthday Honours list for services to social care.

The 2020 list considered nominations for people playing crucial roles during the first months of the COVID-19 effort. Sam was recognised for her support to the home and her residents during an outbreak at the home in March 2020, tirelessly working the floor, and even sleeping at the home to make sure her residents were cared for.

Sam said of her award:

*"When I initially received the email, I thought it was a hoax and ignored it! It's a lovely recognition for all the hard work that went into social care. The team here and across many homes, they are the unsung heroes really."*

The medal presentation ceremony was delayed due to new waves of the pandemic, but Sam was finally able to receive her medal last autumn.



Sam attended her medal ceremony at The Norfolk Club, Norwich on the 3rd November 2021 where she was presented her award by The Lady Dannatt, MBE, HM Lord-Lieutenant of Norfolk. This is an incredibly proud moment for Sam, her team and everyone at Stow Healthcare. Congratulations Sam!

## Social Care Covid Heroes!

In December, Stow Healthcare had the privilege of attending Care Talk Magazine's 'Covid Heroes Afternoon Tea' hosted by Lord Palmer of Childs Hill OBE at The House of Lords.

The event shone a spotlight on the fantastic frontline staff and their heroic moments throughout the pandemic. Guests included social care leaders and inspirational frontline staff, all of whom were Great British Care Awards Social Care Covid Hero finalists, including Stow Healthcare Group who were amongst the 2020 finalists. Care Teams at both Melford Court and Brandon Park were also listed amongst those recognised at the event for their hardwork during the very first peak of the pandemic.

The reception was a unique opportunity to share the incredible work of those who have gone above and beyond during the Covid-19 pandemic, demonstrating incredible acts of bravery and resilience. We were incredibly proud to be part of this event.



## A Heartfelt Rescue!

One busy Saturday morning in October, Sharon Lowe, Senior Care Assistant at Halstead Hall Care Home, went above and beyond her call of duty when she rushed to the aid of a member of public who was sadly suffering a heart attack.

Sharon, who was approaching her local Sainsbury's supermarket, could clearly see a gentleman laying on the floor and hurried over to see if she could help.



Sharon informed other by-standers including a member of staff from Sainsbury's that she was first aid trained through her job at Stow Healthcare and promptly asked if 999 had been called. Whilst paramedics were contacted Sharon could see how unwell the man was and did what she could to keep him calm and alert by asking him questions and making him aware of his surroundings. When paramedics arrived Sharon was able to provide them with some information which was helpful and the lovely man was taken to hospital.

Sharon commented about her experience:

*"When thinking back to that morning how easy it would have been to turn my head and walk on by. When I did my first aid training you never think that you will need to use it outside of work, and there are times when you think you will never remember it, but I just went into auto pilot, kept calm and just tried to keep the gentleman alert, reassuring that help was on the way".*

Sharon's wishes are that the gentleman received the treatment he needed and is back with his family.

This is the sign of a true Stow Healthcare Hero!

## Charity begins at Home!

A huge congratulations to staff from Brandon Park's Maple Memory Centre for their sponsored walk to help raise money for the Alzheimer's Society.

Staff members Lucy, Heather and Claire walked 7.2 miles from sister home Ford Place in Thetford back to Brandon Park in full festive fancy dress. The event coincided with Elf Day celebrations up and down the country with the aim of raising money for charity.



The ladies set off from Ford Place and were cheered on by their colleagues before heading off through Thetford towards Brandon Country Park. They enjoyed their challenge and received lots of smiles and messages of support from people along their journey.

The group raised over £250 for the Alzheimer's Society, an amazing achievement - Well done ladies!

# Caring & Sharing our Winter Activities

It is always a busy time in our homes during the winter as we celebrate Halloween, Bonfire Night, remembering the fallen soldiers, prepare for Christmas and the all and important Stow in the Snow competition.

Let's see what our residents have been up to this winter.

## Brandon Park and the Maple Memory Centre



In November, Maple Memory Centre residents showed off their creative flair when they created a beautiful display of poppies for Remembrance Day.

The stunning artwork was put up on the wall throughout the month for residents and staff to enjoy.

## Cedars Place

During this winter, residents at Cedars Place thoroughly enjoyed some dog therapy.

### Meet Barney and his owner Lucy.

Barney is a one-year-old therapy dog. He is a beautiful Bernice cross Labradoodle with such a gentle nature. He was so quiet whilst visiting the home and friendly, and he never barked during the whole time he was there.

Residents adored him so much and gave him lots of cuddles and a few doggy treats too. This was Barney's first-ever visit to a care home and he will definitely be coming back again.



## Ford Place

Ford Place residents had a smashing time making their home's Christmas Cake. Each of them helped to stir their wishes in, and resident Vera (aged 103) was on hand to make sure that the brandy was added in perfectly right at the end.



## Halstead Hall

Halstead Hall residents loved being creative in preparation for Halloween. Many designed their own pumpkins and then staff carved them on their behalf. However, a couple of residents chose to use funny face stickers on their pumpkins instead. Mwahahahahah.



## Melford Court



Residents at Melford Court made up some beautiful winter pots this year. They planted some bulbs and pretty flowers and dressed them with ribbon. Don't they look lovely!

## Stowlangtoft Hall

At Stowlangtoft Hall, residents wanted to enter the Stow in the Snow Christmas tree competition with a slightly different style than normal.

### Meet Red Santa!

Residents sorted through all the Christmas tree decorations to find the red ones, helped put the tree together and enjoyed lots of discussions as to how the tree should be dressed. Great effort!



Well done to all of our activities teams for your hard work in continuing to provide our residents with so many wonderful activities.

We very much look forward to seeing what you have been up to in our next newsletter!

# Home Improvements at Halstead Hall

It is hard to believe that it is just over four years since Stow Healthcare bought Halstead Hall (formerly known as Attwoods Manor). A run down property on the outskirts of Halstead with bags of potential and a desperate need for owners who wanted to see it restored to its former glory.

Stow Healthcare has been undertaking significant works on the 19th Century building to remodel and future-proof the home to ensure it can support our residents in very special surroundings. In 2020, we began the refurbishment of an extension to the home that was in poor repair. These rooms had been unused for some years and were dark and unappealing. Bathrooms needed remodelling and a new lift was required. The opening of this wing marked a significant step in our journey, but in 2021, there was more to come!

We embarked on the final stage of the first-floor refurbishment, connecting the main home to the extension, again opening up space and knocking through small rooms to create larger, airy bedrooms with garden views and wet rooms.



Home Manager Heather Choat said of the refurbishment:

*"As a team we just couldn't wait to see the end result after the builders had worked so hard on this project. We love the look of the new bedrooms which just have such a special feel to them. Every room has something different to offer and the bathroom spaces are fantastic. We are really delighted to see this outcome which has created some great options for our residents."*



Ruth French, Director added her thoughts, noting that the biggest change for her has been the feeling of space:

*"I love the way we have been able to open up the landing spaces in the home, both in the new refurbishment, and in other areas. Offering spaces where our residents can sit and relax without even needing to go to a lounge is such a benefit. Natural light is really important to the wellbeing of our residents and our staff, so we have focused on adding glass to doors and maximising windows in the rooms, as well as repainting dark wood to help reflect light, and increasing wall lights too."*

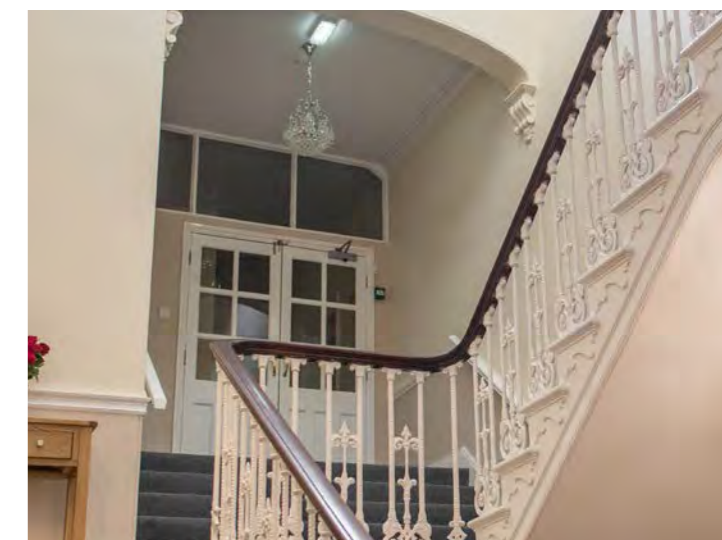
The grand staircase was the last part of the project, with a new carpet, artwork and landing furnishings all creating a luxury feel to the beautiful space. The work is not over at Halstead Hall, as the decorators have been busy on the first phase of a full external repainting, which we have had many compliments on.

The next step at Halstead Hall is a new extension to the rear of the building that will support a newly designed kitchen and laundry facilities, a staffroom and a professional medication room.

The turnaround of Halstead Hall has been a triumph for those receiving care, and indeed the whole town of Halstead, where we have received such support for the hard work undertaken to improve the home.

For more information or to book an appointment please contact Liz Patrick our Admissions Coordinator on 0333 2419701 [liz.patrick@stowhealthcare.co.uk](mailto:liz.patrick@stowhealthcare.co.uk)

[www.stowhealthcare.co.uk](http://www.stowhealthcare.co.uk)



# Celebration & Success

## Long Service Awards

Stow Healthcare has once again been recognising employees for their considerable length of service dedicated to our homes and our residents. Over the last few weeks homes have been holding celebratory events to present the awards to staff in recognition of their long service. In total, ten staff members across the group received awards for reaching service milestones including ten, fifteen and twenty years of service.

2021 marked twenty years of service for Donna Bowden of Ford Place and Ruth Fosker at Cedars Place.

We are extremely proud of all our staff who have reached long service milestones this year. As a company, it is important to recognise the dedication and commitment of our long-standing members of the team who have delivered incredible care to our residents day in and day out for many years.



**Diane Morley - Stowlangtoft Hall**



**Naomi, Debbie and Tony - Melford Court**

### Cedars Place

Ruth Fosker, Housekeeper - Twenty Years

### Ford Place

Alina Bratu, Registered Nurse - Fifteen Years  
Donna Bowden, Care Assistant - Twenty Years  
Sophie Ashley, Housekeeper - Ten Years

### Melford Court

Debbie Cant, Head Housekeeper - Ten Years  
Naomi Emerson, Kitchen Assistant - Ten Years  
Nick Cook, Apprentice Nursing Associate - Ten Years  
Tony Pilgrim, Kitchen Assistant - Ten Years

### Stowlangtoft Hall

Diane Morley, Housekeeper - Fifteen Years

### Stow Healthcare Group Office

Jo Thomson, Finance and Procurement Coordinator - Ten Years

## Fond farwells. Retirement from Stow Healthcare

Ford Place Nursing home has recently said goodbye to their fabulous Maintenance Manager, Rene Thorpe who has retired from the home after seventeen years' of service.

Staff and residents gave Rene a wonderful send off, including a delicious retirement cake. He will be missed dearly.

We thank Rene for all of his hard work and wish him a very restful and happy retirement.



# Education Matters

## One-2-One Key Theme Topic - Investing in your future- 'Grow with Stow'

We are starting 2022 by looking at what we can do for you! Do you have a new years' resolution to learn something new, gain new skills or experience something new?

We want to hear about it and how we can help you. Throughout this quarter we will be hosting 'Stow Healthcare Careers Cafes' for you to come along and talk about what opportunities are available to you with the company and how we can help you progress your career with us. What are your goals and ambitions for work in 2022? Are there any professional working experiences that you would like more exposure to? How can we support you?

This is your chance to have your say - your future is in your hands, and we are here to help you make it happen.

## Introducing the Stow Healthcare Careers Cafe!



**Come and talk to us!**

**Dates for available sessions will be announced soon!**

# Stow in the Snow Competition 2021

Since its inception in 2018, Stow in the Snow has been a great way of engaging our homes in meaningful activity in the run up to Christmas, and this year was no exception!



Residents and staff were actively involved in redesigning the categories for the 2021 competition, sparking innovative ideas and creative interpretations for this year's entries. From 'Best Festive Food', to 'Best Festive photograph' and even a 'A Jolly 'Handmade' Holiday' category, there was something for everyone to take part in. New for this year was the 'Resident Involvement Award' which recognised a resident who had gone above and beyond for the competition, and our first ever winner was Maisie Tompkins from Stowlangtoft Hall.



It was Maisie's contribution not just to this year's 'Stow in the Snow', but to all of our previous competitions that made her the stand out winner. Maisie puts her heart and soul into the entries coming up with clever ideas and encouraging her fellow residents to take part. Maisie is a true 'Stow in the Snow' Champion and is thoroughly deserving of award.

It was great to see the enthusiasm for the competition build alongside the lead up to the festive season. The competition concluded with the final judging day eagerly anticipated by our residents who couldn't wait to show off their wonderful entries to our external judges. We would like to thank this year's judges, current and former colleagues from Suffolk County Council, Julie Martin & Georgie Stevens who had the difficult decision of choosing this year's winners.

The judges connected with each home on ZOOM to hear about all of this year's entries and meet with residents and staff who were part of the creations. The quality of this year's entries reached a new high and there was much deliberation over the final results.

This year, the Stow in the Snow overall winners were the team at Cedars Place, the newest home to the Stow Healthcare family. The judges loved the input from the whole team including residents, relatives, and staff. It was clear to the judges how far the home has come in 12 months and the impact and benefit the competition has had on resident wellbeing. A real team effort! Congratulations Cedars Place!



The 2021 Stow in the Snow runners up trophy goes to the team at Melford Court. Despite facing numerous challenges in the run up to the competition, they pulled together and worked incredibly hard to pull off some amazing entries for the competition. There had been clear thought and effort into all of their entries and residents genuinely took great joy in what they created.

It was fantastic to see the input and support from all of our staff teams across the group. There were so many staff entries that were recognised by the judges, in particular was the efforts by Sharon Keogh of Stowlangtoft Hall who was named the 'Stow in the Snow Champion' for 2021. Sharon dedicated her time to residents at the home to make homemade hand balms from scratch. This process took over 10 weeks from start to finish, Sharon talked each stage through with residents and helped them step by step. Sharon and the residents made around 50 hand balms for staff at the home to help with their dry hands caused by continued washing and sanitising- what a thoughtful gesture! - Thank you Sharon.

A huge thank you to everyone who took part in this year's competition. From group meetings to shape the categories to cheering on each other on at the winner's ceremony, the support and camaraderie this competition brings between all of our homes is fantastic. A huge thank you to everyone who took part in this year's competition.



## Stow in the Snow 2021 Winners

### Best in Stow Winners 2021

- Best Decorated Christmas Tree - Melford Court
- 'Deck The Halls' - Cedars Place
- Best Festive Photograph - Stowlangtoft Hall
- A Jolly 'Handmade' Holiday - Melford Court
- Best Festive Dress - Halstead Hall
- Best Christmas Card - Ford Place
- Best Festive Food Category - Brandon Park
- The Staff Involvement Award - Derek Smith, Cedars Place
- The Resident Involvement Award - Maisie Tompkins, Stowlangtoft Hall

### Stow in the Snow Colouring with the Community

- Winner Age 5 years & Under- Oliver C, Cedars Place
- Winner Age 6 years & Over- Harriet F, Melford Court
- Staff Entry- Samantha R, Halstead Hall
- Resident Entry- Vera S, Ford Place

### Stow in the Snow Champion

Sharon Keogh, Stowlangtoft Hall

### Stow in the Snow Overall Runners Up

Melford Court

### Stow in the Snow Overall Winners 2021 Cedars Place



# Residents' Corner

The Knitting Box was originally set up by Ann Attfield, Visitor Host at Ford Place Nursing Home, to help bring the knitting community together.

The group which is hosted on Facebook with over 200 members, crochet, knit and sew for great causes across the region. This ranges from local hospitals, homeless shelters and animal rescue, it is fair to say that every item created by the knitting box goes to great use.

Residents and staff at Ford Place have been members of the group since it's conception in September 2019, and take great pleasure in knitting items for donations. Most recently they have been knitting 350 Christmas stockings for a local school and have been asked to help knit or crochet flowers for Thetford's display for The Queen's Platinum Jubilee!

The group are also currently working on 350 Easter Chicks and little baskets for another local school.

Resident Vera commented:

*"Knitting for the group keeps me occupied. It stops my hands hurting and keeps my brain occupied with reading all of the different patterns. I enjoy knowing that the items that I make go to a really good cause."*

Joy, another member of the Knitting Box said:

*"It give me great pleasure knitting for the group as it stops me thinking about other things and feeling sorry for myself. I think about the people who are going to receive the things that we make, and it makes me happy."*

We wish the Knitting Box all the very best for their future endeavours and look forward to seeing more of their handywork. Ladies we are well and truly hooked!

For more information please search 'The Knitting Box' on Facebook.



The Knitting Box Team at Ford Place Nursing Home

# Searching for Success - Word Search

H	F	L	O	S	U	C	C	E	S	S
N	G	I	K	D	A	V	F	N	Q	U
F	O	Z	S	R	E	N	N	I	W	D
X	F	I	P	A	R	T	Y	K	A	M
B	G	U	T	W	K	P	E	N	T	V
D	D	L	S	A	P	R	R	B	R	P
T	V	S	T	A	R	S	I	A	O	P
R	C	I	H	U	R	B	U	K	P	A
O	R	S	K	E	N	O	E	Q	H	G
P	Q	R	E	E	X	L	W	L	Y	T
D	E	D	I	C	A	T	E	D	E	J
Z	N	C	B	Y	H	R	E	E	H	C

## It's Puzzle Time!

Test your knowledge!  
Can you find all of the  
celebration related words?

Winners	Awards
Happy	Celebration
Stars	Trophy
Success	Cheer
Dedicated	Party

# The Maple Memory Centre



## Dedicated memory care in Suffolk

In the new Maple Memory Centre at the Outstanding rated Brandon Park Nursing Home, we put people, not routines, at the heart of what we do. We offer a comfortable environment with a 'home from home' feel, specifically designed to support people living with memory loss, offering specially tailored furnishings, lighting and relaxing outdoor spaces.

At the Maple Memory Centre, our Homemakers offer care and companionship throughout the day, giving independence to our 'family members' living there. Based on the Montessori principles for memory care, our aim is to give people back their independence and give them a purpose to get up every day.

Brandon Park Nursing Home, Brandon Country Park, Brandon, Suffolk, IP27 0SU



For more information or to book an appointment for the Maple Memory Centre, or any of our Suffolk, Norfolk and Essex homes, please contact our Admissions Coordinator, Liz Patrick.  
Tel: 0333 2419707 Email: [enquiries@stowhealthcare.co.uk](mailto:enquiries@stowhealthcare.co.uk) Web: [www.stowhealthcare.co.uk](http://www.stowhealthcare.co.uk)

# Join the Stow Healthcare Team



## Do you know someone who is looking for a rewarding career in social care and wants to join a family-run, national award-winning company?

As a company we are always on the look out for new talent and welcome conversations with anyone who is interested in care. Job roles that may be available can range from ancillary staff, to care assistants, senior carers and nurses and we promote training and support for our staff with competitive rates of pay.

Here are just a few reasons to join the Stow Healthcare team!

- Top care employer
- Real living wage
- £600 - £2000 joining bonus (for the majority of roles, Ts and Cs apply)
- Refer a friend scheme
- Paid breaks
- Pay increases with qualifications (related to specific roles)
- Nest Pension
- Free uniform
- Free wifi
- Free parking

For more information contact us at [people@stowhealthcare.co.uk](mailto:people@stowhealthcare.co.uk) or speak to one of our care homes directly.

## Spread the word - Sharing is Caring!



01359 300 470  
[www.stowhealthcare.co.uk](http://www.stowhealthcare.co.uk)  
[people@stowhealthcare.co.uk](mailto:people@stowhealthcare.co.uk)

# Building Projects in our Homes

It is always exciting when we see new building and improvement works taking place in our homes, not only in watching the transformation take shape, but also to see the difference these positive changes make to our residents lives.

Ford Place Nursing Home in Thetford has recently undergone an extensive building project and we are feeling very excited now that it is nearing completion.

## The Ford Place family is expanding!

The brand new eight bedroom extension links the new River Wing to the main home. This new wing has made a huge difference to Ford Place taking its occupancy to over 50 beds. All eight bedrooms also include en-suite bathrooms.

There have also been other significant improvements around the home. Some of these include a wonderful new sensory courtyard garden for residents to enjoy and a full makeover in the main lounge which has been completed to a very high standard.

The construction has been completed by building contractor Broadoak Construction who are used to managing projects in care home settings and undertake many construction projects for Stow Healthcare.

We will be welcoming new admissions to the River Wing from the end of January 2022.

For more information or to book an appointment please contact Liz Patrick our Admissions Coordinator on 0333 2419701 [liz.patrick@stowhealthcare.co.uk](mailto:liz.patrick@stowhealthcare.co.uk) [www.stowhealthcare.co.uk](http://www.stowhealthcare.co.uk)

## Introducing the new River Wing at Ford Place!



More information about the changes at Ford Place Nursing Home, and photographs will be available in the Spring issue of Caring & Sharing - Don't miss it!



# 'Capture the Moment'

## Enter our Seasonal Competition

### Interested in photography or simply just enjoy taking pictures?

We are looking for any budding photographers who are inspired by the beautiful season that is Winter and would like to share their fabulous photos with us.

Can you 'Capture the Moment'?



Photographed by Operations Director Ruth French - Group Office



Photographed by Care Assistant, Sharon Keogh - Stowlangtoft Hall

With a £50 shopping voucher up for grabs for the lucky winner, please email your entries to us at: [enquiries@stowhealthcare.co.uk](mailto:enquiries@stowhealthcare.co.uk) and include 'Capture the Moment' in the subject header.

Please note, all photographs must be in a jpeg/png format.

Closing date - Friday 25th March 2022.

Winner announced in the Spring Newsletter!

If you have an interesting story, news or an announcement that you would like to share in the next edition of Caring & Sharing, please send any content to us by Friday 25th March 2022 [enquiries@stowhealthcare.co.uk](mailto:enquiries@stowhealthcare.co.uk)



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[youtube.com/stowhealthcaregroup](https://www.youtube.com/stowhealthcaregroup)



[www.stowhealthcare.co.uk](https://www.stowhealthcare.co.uk)



### STOW HEALTHCARE GROUP

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